

Mental Health Chaplaincy

A training programme for local people

- What is mental health? What is mental illness?
- Why do some people break down and what can we do to help?
- What good is psychology and psychiatry in mental healthcare?
 - What happens on the hospital ward?
 - What is the place of spirituality in mental healthcare?
 - What does a mental health chaplain do?

Six 2-hour sessions [6-8.30pm]
February to July 2010 - Fulbourn Hospital Chapel, Cambridge

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Details overleaf

Mental Health Chaplaincy Training Programme 2010

Feb 1 st	Session 1	what is mental health? what is mental illness? <i>an introduction to the mental health trust and its chaplaincy, including an explanation of the place of spirituality in mental healthcare</i>
Mar 1 st	Session 2	the personal experience of madness - a service user tells her story
Apr 12 th	Session 3	the role and place of psychology and psychiatry in mental healthcare <i>a psychologist and a psychiatrist speak and discuss their roles</i>
May 10 th	Session 4	life on a mental health ward <i>a ward charge nurse talks about their role and what happens on an acute ward</i>
June 14 th	Session 5	what is a therapeutic relationship? <i>how do you befriend and listen to someone with mental health problems, and how do you ensure you respect the boundaries which keep the relationship secure, safe ,meaningful and helpful?</i>
July 5 th	Session 6	what next for you? <i>what have you learnt and what do you want to do with it? Including an introduction to opportunities for volunteering within chaplaincy</i>

All sessions take place in Fulbourn Hospital Chapel Prayer Space, beginning with refreshments at 6pm and ending by 8.30pm.

To book your place email john.nicholson@cpft.nhs.uk or call 01223 218598. There is no charge.