

**New  
Exciting Group**

**Support To  
Achieve Realistic Targets  
(START)**

**Beginning Thursday 21 October 2010  
for 8 weeks  
4.15pm — 6.15pm**

*Looks  
Interesting!*

**In the Bath House Hall  
Gwydir Street, Cambridge CB1 2LW**

**Come along and learn skills enabling  
you to achieve those day-to-day  
targets which always seem  
just out of reach.**

*.. think  
I will go  
along*

**For further information contact:  
Kathleen or Carole, Tel: 01223 566957,  
counselling@lifecraft.org.uk**



**The Bath House, Gwydir Street, Cambridge CB1 2LW.  
Tel: 01223 566957, email: information@lifecraft.org.uk**