

Spirituality, Recovery and Mental Health Conference

23 October 2008, 9am-4.30pm
St Mary's Church and Centre, New Road, Peterborough

We have created a unique learning experience for you to explore and discover more about the place of spirituality in your own life as a mental health professional, service user or carer. We will also give you the opportunity, support and guidance to take forward what you learn.

Our guest speakers are Larry Culliford, Royal College of Psychiatrists; Chris Newell, Mental Health Chaplain and service user; David Norman - service user and trainer; The Mental Health Foundation; Peter Gilbert, Honorary NIMHE Lead on Spirituality, and Sussex Partnership NHS Trust on its Spirituality and Religious Care Strategy.

We've allocated a certain number of places to different parts of our mental health community, so book early.

We look forward to hearing from you

Karen Bell, Chief Executive

John Nicholson, Senior Mental
Health Chaplain

Manager

Mary Hanna, Adults Senior
Manager, North

Rachel Hill, Patient Experience

Richard Higgins, Chaplain,
Peterborough Hospitals

“Mental Health is the emotional and spiritual resilience that enables us to enjoy life and survive pain, disappointment and sadness. It is a positive sense of well-being and an underlying belief in our own and others' self worth.”

The Health Education Authority, 1997

Book by 30 September 2008

To book a place, e-mail your contact details to susan.oswald@cpft.nhs.uk, or phone 01733 882134

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