

World Mental Health Day Events in Cambridgeshire - October 2008

DATE, TIME AND VENUE	EVENT	CONTACT
Wednesday 1st October		
10:30am Salvation Army, Mill Rd, Cambridge	Cambridgeshire Celebrates Age Launch Event	Diana Minns 07756 490072
10:00-4:00pm, Tesco's, Fulbourn, Cambridge	Healthy Ageing Advice Stand	Maureen Carmen 01223 726022
7:30pm-9:45pm, The Friends Meeting House, Jesus Lane, Cambridge	Coping With Coming Off Network – Presentation on service reorganisation by Annette Newton	info@cambscwco.org
Wednesday 8th October		
10:30-2:00pm, Outside Sainsbury's Huntingdon	1 in 4 Big Bus	Amanda Price Lifecraft 01223 566957
7:00pm St Johns Church Hall, Hills Rd, Cambridge	Friends of Fulbourn Hospital AGM. Talk on Dementia by Andrew Chidgey – National Alzheimer's Society	Christina Rowland Jones 01223 881267
Friday 10th October – World Mental Health Day		
10:00-2:30pm Outside Boots, Cambridge	1 in 4 Big Bus	Amanda Price Lifecraft 01223 566957
10:00am Hinchingsbrooke Country Park	Hunts Mind Get Moving Event – 3 mile Lakeland Walk	Jenny Weston 01480 470480
Tuesday 14th October		
10:30am at the Junction, Cambridge.	Young People's Debate "This House believes the legal drinking age should be raised"	Vivien Golding/Margaret Lyne on 0800 376 0101.
7:30pm, St Matthews Hall, Cambridge	Manic Depression Fellowship Meeting. Talk by Rachel Perkins	Phil Alsop mdf@mdfcambridge.org.uk
Sunday 19th October		
12:00pm-4:00pm at Cambridge City Football Club	5-a-side Football tournament A 'Time to Change' Anti Stigma Campaign and Cam Mind football project launch	Nichola Jones Nicholamjones@btinternet.com
Thursday 23rd October		
10:00-4:00pm, St Mary's Centre, Peterborough	Spirituality, Recovery and Mental Health Conference	John Nicholson 01223218598
Wednesday 29th October		
7:30-9:45pm at the Friends Meeting House, Jesus Lane, Cambridge	Coping With Coming Off Network – Advice on Coming Off Psychiatric Drugs by Clare Gaskell	info@cambscwco.org
Ongoing Events		
1 st to 31 st October in Cambridge City	'Time to Change' Anti Stigma Pilot Campaign	Nichola Jones Nicholamjones@btinternet.com
13 th to 17 th October, Addenbrookes Hospital	1 in 4 displays. Cambridge University Hospitals NHS Foundation Trust	Joy Bray jbray@addenbrookes.nhs.uk

