

Working Together

www.workingtogetherforrecovery.co.uk

Date: **Friday 11th September 2009**
Time: **12-2pm**
At: **Anglia Ruskin University, Helmore Room 252
East Rd, Cambridge CB21 1PT**



Drinks & Sandwich Lunch provided

Programme: **ALL WELCOME**

My Recovery - An Ongoing Journey: Jeannette Harding
speaking from lived experience of mental health problems

Happiness and Positive Thinking in Recovery: Dr Franco
Orsucci . Cambridgeshire & Peterborough NHS
Foundation Trust

World Mental Health Day 2009: Amanda Price, Lifecraft

Introducing 209 Community Radio and volunteering
opportunities: Making Mental Notes Team

Working Together has been established as an informal network for over 10 years in Cambridge. Due to its success as an initiative there are now Working Together Forums in Huntingdon and Peterborough. The list of organisations involved is extensive and includes the local statutory and 3rd sectors (including service user-led organisations), current and ex- service users, carers and a range of staff working in mental health services.

The quarterly forums are for sharing information particularly about new developments and about innovative practice in Mental Health. We welcome ideas for future topics

For further information please contact

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